




# Coalinga Regional Medical Center

## Employee Weekly Menu

### Week 2

### July 10-14, 2017



| Monday                        | Tuesday  | Wednesday  | Thursday                              | Friday                                   |
|-------------------------------|--|--|---------------------------------------|--|
|                               |  |  |                                       |  |
| Lunch                         | Lunch  | Lunch  | Lunch                                 | Lunch                                    |
| CHICKEN PESTO<br>BAKE 205cal. | THREE CHEESE ZUCCHINI<br>STUFFED LASAGNA 240cal. | ALBONDIGAS SOUP 213cal.<br>MEXICAN RICE 200cal.                                    | DIJON BARBECUED<br>PORK CHOPS 270cal. | BARBACOA BEEF 153cal.<br>TORTILLA 60cal. |
| BREADSTICK 105cal.            | FRESH GRILLED SQUASH 56cal.                      | REFRIED BEANS 170cal.  | SKINNY POTATO<br>AU GRATIN 160cal.    |  |
| HOT SOUP<br>SANDWICH          | HOT SOUP<br>COLD SANDWICH                        | AGUA DE FRESCA 100cal.<br>(STRAWBERRY WATER)                                       | HOT SOUP<br>SANDWICH                  | HOT SOUP<br>SANDWICH                     |

