

# Coalinga Regional Medical Center Employee Weekly Menu Week 1 September 11-15, 2017



Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lunch	Lunch	Lunch	Lunch
LAVASH FLATBREAD	ZUCCHINI LASAGNA 275cal.	CHICKEN & WHITE BEAN	CHICKEN FRIED STEAK 322cal.	CHICKEN FAJITAS 150cal.
PIZZA 96cal.	BREADSTICK 105cal.	ENCHILIDAS WITH CREAMY	STEAMED CARROTS 30cal.	FLOUR TORTILLA 180cal.
CAULIFLOWER BUFFALO	ITALIAN VEGGIES	SALSA VERDE 231cal.	CREAMY CAULIFLOWER	MEXICAN RICE 200cal.
BITES 99cal.		MEXICAN RICE 200cal.	PUREE 60cal.	
HOT SOUP	HOT SOUP	REFRIED BEANS 170cal.	HOT SOUP	HOT SOUP
SANDWICH	SANDWICH	HORCHATA 138cal.	SANDWICH	SANDWICH

