

**Coalinga Regional Medical Center
Employee Weekly Menu
Week 3
February 12-16, 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lunch	Lunch	Lunch	Lunch
MEATLOAF 321cal.	BAKED SPAGHETTI	SHRIMP FAJITIAS 330cal.	SKILLET CHICKEN	GRILLED COD 130cal.
MASHED POTATO 165cal.	SQASH & CHEESE 165cal.	REFRIED BEANS 170cal.	CORDON BLEU 258cal.	TEXAS CHEESE FRIES 265cal.
FRESH SQUASH 55cal.	ITALIAN VEGGIES 50cal.	MEXICAN RICE 200cal.	SKINNY POTATO AU GRATIN 160cal.	
		CHEESE QUESADILLA 250cal.	FRESH GREEN BEANS 25cal.	
HOT SOUP	HOT SOUP		HOT SOUP	HOT SOUP
COLD SANDWICH	COLD SANDWICH		SANDWICH	SANDWICH